



RIVER VALLEY THERAPY

SPORTS & MEDICINE

2100 West Main • Russellville, AR 72801
(479) 968-2525 • Fax (479) 968-2538
www.rivervalleytherapy.com

Gabe Freyaldenhoven, PT
Scott Bailey, OTR/L
Kayley Foster, PT
David Wilbanks, PTA

Frankie Pratt, PT
Megan Goodwin, PT
Chrissy Bradford, PT

Gabriel Harris, PT
Heidi Person, PT
Mabry Keefe, PT
Kyle Struckmeyer, PTA

Name: _____ Date _____

Diagnosis: _____

- Evaluate & Treat
- Cervical Program
- Back Program
- MedX Rehabilitation
- Pre-Op Rehabilitation
- Arthroscopy Rehab
- Rotator Cuff Rehab
- ACL Rehab
- Home Evaluation
- Pain Management
- Exercise
 - Active
 - Passive
 - Spinal Stabilization
 - Strengthening / PRE
- Gait Training
 - FWB
 - _____ % WB
 - NWB
- Home Exercise Program

- Modalities Per Therapist
- Heat
 - Moist Hot Packs
 - Paraffin
 - Ultrasound
- Cryotherapy
- Phonophoresis
- Electrotherapy
 - As Indicated
 - Iontophoresis
 - EMS
 - TENS
- Traction
 - Cervical
 - Lumbar
- Therapeutic Massage
- Industrial Rehabilitation
 - Back School
 - FCE
 - Work Hardening
 - Job Site Analysis

Additional Instructions, Precautions, etc.:

Frequency _____ days/week Duration _____ weeks

Physician Signature _____